

MOODY BOWLS

KOREAN BARBIE BOWL **\$25**
Korean BBQ Soy Chicken | Green Tea Noodles | Cucumber Slaw | Toasted Sesame | Carrot & Gochujang Dressing
df/h

SHAWARMA BOWL **\$25**
Char-grilled Shawarma Chicken | Zaatar Roasted Pumpkin | Hommus | Semi-dried Roma Tomatoes | Sumac Pita Crisps | Green Olives | Green Tahini Dressing
df/h

MOODY MANGO CURRY BOWL **\$23**
Mild Mango Chicken Curry | Steamed Jasmine Rice | Toasted Cashews | Guindilla Chilli
gf/h

OMEGA THREE BOWL ⁽¹⁾ **\$28**
125gm Harissa Char-grilled Salmon | Roasted Turmeric Cauliflower & Quinoa | Toasted Seeds | Spinach | Persian Fetta | Orange Vinaigrette
gf/h

VEGANO BOWL **\$25**
Crispy Lentil & Black Rice Falafel | Whipped Cashew Fetta | White Balsamic | Pickled Beetroot | Baby Spinach | Rainbow Slaw | Lemon Vinaigrette
v

HOUSE SOUP **\$19**
Vegetarian Minestrone Soup | Basil Pesto | Parmesan | Schiacciata
vg (gf without bread)

PASTA

GARLIC PRAWN PUTTANESCA ⁽¹⁾ **\$26**
Spaghetti | Olives | Baby Capers | Anchovy | Chilli | Garlic | Tomato
df/h

CALABRIAN PESTO **\$22**
Penne | Goats Cheese | Fresh Basil | Ricotta | Semi-dried Roma Tomatoes
vg

BURGERS etc.

THE STANDARD **\$24**
200gm Beef Patty | Fresh Onion | Lettuce | Pickles | American Cheese | Mild Mustard | Ketchup | Chips

THE AUSSIE **\$28**
200gm Beef Patty | Crispy Bacon | Sunnyside Egg | Beetroot | Pineapple | Fresh Onion | Pickles | Lettuce | Fresh Tomato | BBQ Sauce | Chips

CHILLI DELUXE **\$26**
200gm Beef Patty | Crispy Bacon | Chilli BBQ Onion Sauce | Jalapenos | Smoked Cheese | Chips

FIREBIRD **\$25**
Chilli Glazed Griddle Chicken | Breast | American Cheese | Lettuce | Tangy Rainbow Slaw | Spicy Jalapeno Aioli | Chips
h

THE MOODY CLUB **\$25**
Marinated Char-Grilled Chicken | Crispy Bacon | Swiss Cheese | Lettuce | Fresh Tomato | Herbed Aioli

PLOUGHMANS SANDWICH **\$22**
Crispy Lentil & Black Rice Falafel | Char-grilled Schiacciata | Vegan Mayo | Mild Chilli Jam | Baby Cucumber & Zucchini Slaw
v

SUNRISE SANDWICH **\$19**
Crispy Bacon | Sunnyside Fried Egg | Char-grilled Schiacciata | BBQ Onion Relish | Aioli
df

BOWL OF CHIPS **\$8**
HASHBROWNS (2pc) **\$6**
SIDE OF AIOLI **\$2**

CANS + WATER

SOFT DRINK **\$6**
Coke | Coke No Sugar | Sprite

SPARKLING WATER **\$5/\$10**
Santa Vittoria 250ml/750ml

